



## Exciting Changes...

**New Board +**

**New Members +**

**New Volunteers =**

**New Ideas & Services!**

**A Word from Our New President, Cathy Lieblich**



It is humbling to follow Annette Kelly, Founder of Neighbors Network, as Board President. I've been involved with the organization since the very beginning, as an Advisory Board Member, a Board Member once we became a 501c3 non-profit organization in 2016, and a Volunteer Ambassador. NN began with a 3-year start up grant from the Winter Park Health Foundation (2013-16) and has been sustained ever since.

My goals for Neighbors Network going forward are to bring the organization to the next level including:

- Increasing diversity on the Board, and in the Membership and Volunteers.
- Increasing revenue by
  - inviting donations from Individuals, Businesses, and Civic Organizations.

- submitting grants to Foundations for operating costs as well as specific programs and projects.
- developing fundraising activities with the future goal of hiring an Executive Director and other staff, as needed.
- Increasing the number of Members and Volunteers as well as their involvement with NN activities and programs.
- Reviewing the governance documents and making revisions as needed.

I believe in working as a team and I love the expression "teamwork is dreamwork"! I'm looking forward to working as a team with my fellow Board Members, Staff, NN Members, and Volunteers! If you have any questions, please contact me at: [cathy@neighborsnetworkfl.org](mailto:cathy@neighborsnetworkfl.org)

**More about Neighbors Network**

Neighbors Network has two part-time Volunteer Coordinators - Dee Lorow who currently handles all Ride Requests and Ann Dwyer, who handles all Service Requests and is also NN's Bookkeeper.

FY 2022-23 Board of Directors (July 1, 2022 - June 30, 2023)

Cathy Lieblich - President

Holly Tanyhill - Vice President

Paul Hagemaiier - Treasurer

Laura Capp, Secretary

Alison Issen - Activities/Programs Chair

Patty Daoust - Outreach/Marketing Chair

Sue Burns - Membership Chair

Mary T. Scott - Volunteers Chair

Sheryl Kashuk - Member at Large

Christine Moghimi - Member at Large

Lorraine Pinsky - Member at Large

Jim Kitchens - Member at Large

**YES, IT IS STILL HURRICANE SEASON!**



We all remember our 'past visitors'...

Charlie, Frances, Jeanne, Irma

**This Newsletter's last page is your mid-season checklist.**

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*A Warm Welcome to our new Members!*

*We hope you'll get more involved over the coming year. We are always thinking about safe spaces, interesting places, and building community.*

*Please share Neighbors Network with your friends.*

**Information: 321-209-2775**

**LIKE us on Facebook@NeighborsNetworkFL**

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### **Meet a Member - Carol Mead**



*When you first meet Carol, you quickly know she has led an interesting life. Well spoken, with a quick wit, Carol shares her experiences easily. A salesperson the majority of her adult life, she was the President of Vortex Dust Control, LTD (a distributorship) and sold Rainbow vacuum cleaners (hers is still going strong) and managed a typesetting and graphic arts company including selling the printing services prior to moving to Florida.*

*Carol moved to the Sunshine State in 1983 for the warmth that would minimize flare ups from frostbite, which continued to be a problem living in NY, her home state. Upon arriving here,*

*Carol sold motor homes, which was very seasonal. Or, as Carol says, "I ate chicken one day and feathers tomorrow".*

*A friend had started working for a chemical company and suggested Carol apply. Carol did and worked in chemical sales for two years. During that time, Carol slipped down a flight of stairs and injured her feet and spine. Doctor recommended she not work as her job entailed driving 800 to a thousand miles a week and being on her feet a lot of the time. Carol pushed through and continued working another six months (after which began the first of four surgical procedures). By August 1989, she began having breathing problems which were related to the exposure to the chemical fumes she handled. All the above ultimately lead to her early retirement.*

*Not being an individual who sits around feeling sorry for herself, Carol has found numerous activities to occupy her time. Carol is a member of the Central Florida Genealogy Society. Under that umbrella, about 8 years ago, she was asked to come up with a program for older adults in independent living communities and 55+ folks in the community. The program, "Ancestry Revealed", was free of charge to do their genealogy research. This "library of info" in their minds wouldn't be lost to dementia, stroke or death and would be preserved for future generations. Carol and her team of volunteers conducted free sessions for four years pre-COVID for Neighbors Network Members and Volunteers.*

*Originally a professional clarinet and tenor sax player, Carol has now switched to learning to play the ukulele. Also, she takes part in many of the activities offered by Neighbors Network, including the Book Club, Art in the Afternoon, theater outings, lunches, pot luck suppers, walks in the park, etc. Carol credits Neighbors Network with allowing her to meet more people and maintaining social interactions. Carol joined Neighbors Network in 2015.*

***And yes... Carol painted the beautiful painting in her photo above!***

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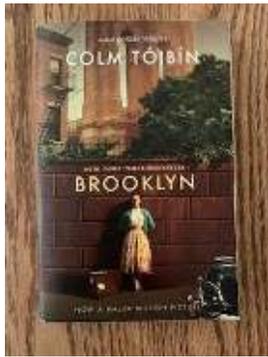
## **Social Activities**

***So good to be together again....***

### **Art in the Afternoon**



**Book Club - with snacks!**

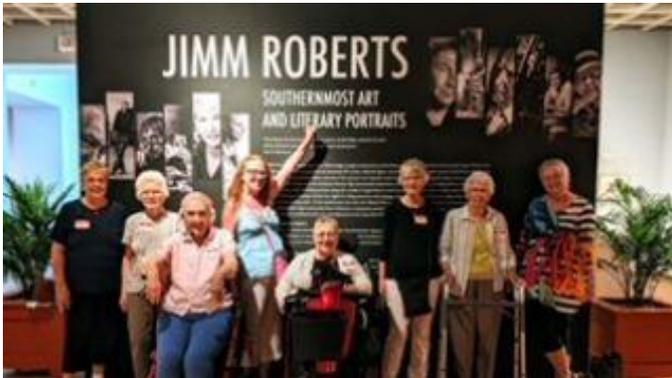


**Lunch Out - and celebrating!**

**Museum**



**Visits**



### **And we so appreciate ALL our Volunteers!**

A Neighbors Network Member  
handmade these beautiful bracelets as  
a thank-you gift for each Volunteer.



### **BIRTHDAYS ARE IMPORTANT!**

Even though we've all had more than a few birthdays, we still LOVE to be remembered!  
At Neighbors Network your birthday is important and special to us.



*\*\*Can you find two more special birthday photos in this Newsletter?*

## **THE QUESTION BOX**

### ***What has been your most unusual service request?***

A couple of years ago, a Member who was new to using a walker and carrying her purse at the same time asked if someone could sew pockets into her skirts and dresses so she could manage her purse contents safely. A Volunteer took the project home and sewed pockets into the side seams of 12 items of clothing.

Another Member, who had hand-written her personal memoir over several years, asked if someone could digitize it so it could be printed out and more easily edited. Volunteers filled that request too!

### ***Are there questions people ask about Neighbors Network as an organization?***

Every now and then someone asks:

*"Why does membership cost anything - it's a non-profit and there are lots of Volunteers?"*

It's really a great question! Like every non-profit Neighbors Network has required expenses, such as annual state registration and required documents, annual liability insurance, part-time staff salary (Volunteer Coordinators), bookkeeping services, office equipment and supplies, postage, phone & computer services, background checks, program expenses, occasional Volunteer appreciation.

## **Looking ahead to Fall**

**Tech-Time...** enhancing personal technology capabilities with Members & Volunteers.

**What is a Community Garden...** and how can I be involved?

**Volunteering...** Are there ways for Neighbors Network Members to volunteer in the community?

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# BEING HURRICANE READY 2022

## CHECK YOUR SUPPLIES & PUT THIS LIST ON YOUR REFRIGERATOR

- |   |   |
|---|---|
| <input type="checkbox"/> Drinking water for 3 days          | <input type="checkbox"/> Non-perishable food for 3 days |
| <input type="checkbox"/> First aid kit                      | <input type="checkbox"/> Prescription medications       |
| <input type="checkbox"/> Extra masks                        | <input type="checkbox"/> Personal hygiene items         |
| <input type="checkbox"/> Flashlights and batteries          | <input type="checkbox"/> Battery-operated radio         |
| <input type="checkbox"/> Cash & documents in waterproof bag | <input type="checkbox"/> Manual can opener              |
| <input type="checkbox"/> Lighter/matches                    | <input type="checkbox"/> Books, magazines, games        |
| <input type="checkbox"/> Special supplies (pet food?)       | <input type="checkbox"/> Cooler with ice packs          |
| <input type="checkbox"/> Your evacuation plan               |   |

### WHEN THERE IS A "HURRICANE WARNING" ANNOUNCED, BE PREPARED.

- > FILL THE CAR WITH GAS
- > GET SOME EXTRA CASH
- > KEEP CELL PHONE FULLY CHARGED
- > FILL BATHTUB WITH WATER
- > FILL LARGE CONTAINERS WITH WATER
- > FREEZE ANYTHING YOU CAN
- > REVIEW SHELTER REQUIREMENTS, IF REGISTERED



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