



## Volunteering for Neighbors Network

Neighbors Network helps older adults stay independent, active, and connected in their homes and community. As a Neighbors Network volunteer, you offer your time and talents to help others with tasks that may seem simple, but can mean so much - the difference between someone staying safely in a cherished home or having to leave it.

All volunteering is coordinated through Neighbors Network Volunteer Coordinator to ensure a good match between what a member may need and each volunteer's skills and availability.

Neighbors Network has several ways to volunteer:

- For those involved as regular service volunteers, you will need to complete a Volunteer Application and pass a background check. You will receive e-mails (and occasionally phone calls) with a specific service request; your response is dependent upon your availability. The Volunteer Handbook describes the various services and policies.
- Volunteer drivers have additional requirements: current FL Driver's License, proof of insurance, and a driving record check.
- An initial interview with each volunteer ensures a good match between the volunteer's availability, skills and interests and the needs of Neighbors Network members. Volunteers will participate in an orientation/training prior to volunteering.
- For "occasional" volunteers, Neighbors Network schedules special "service days" throughout the year – volunteer teams may spend several hours helping to organize a garage, tidy a patio, haul away debris or donations, etc... Generally these efforts do not require an application or background check. Regular volunteers may also be involved in these activities. Youth groups, sororities, fraternities, and civic clubs are most welcome.
- Office-type opportunities are also available: including preparing mailings, data entry, phone calls, social media input, and table display support at special community events.

Neighbors Network is helping to build the kind of community in which we all want to live as we age... a community of neighbors who can count on each other for support. Sign up today to be part of Neighbors Network!

To become a volunteer, go to: [www.neighborsnetworkfl.org](http://www.neighborsnetworkfl.org)  
Call 321.209.2775 or email [annette@neighborsnetworkfl.org](mailto:annette@neighborsnetworkfl.org)

## ABOUT VOLUNTEERING

*Imagine... if you could improve someone's quality of life just by doing a few simple activities.*

*You can... as a Neighbors Network volunteer.*

*Neighbors Network makes volunteering easy.*

- *Choose when and how much time you want to give.*
- *Choose the types of activities you enjoy doing that may help someone else.*
- *You may qualify to earn Neighbors Network Volunteer Credits or Community Service hours through your college or school.*

### Sample Volunteer Tasks:

- *Driving assistance with grocery shopping*
- *Help with computers*
- *Help with pet care*
- *Organizing closets/garage*
- *Reading / sorting mail*
- *Driving to medical appointments*
- *Taking a walk together*
- *Light gardening*
- *Holiday decorating*
- *Changing bed linens*
- *Home office organizing*

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